



## Order of the Arrow High Adventure (OAHA) Triple Crown Bead Qualification Form

Applicant: \_\_\_\_\_

Adviser: \_\_\_\_\_

Please Mark Your Chapter:  NL  SP

Completion Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Requirements

1. Be a registered member of Cho-Gun-Mun-A-Nock Lodge 467.
2. While a youth, attend three Order of the Arrow High Adventure Programs from the following:
  - a. **OA Trail Crew**
    - Age 16 by start of program
    - Not yet 21 by end of program
    - Must meet weight guidelines
    - Able to handle materials 50+ lbs
  - b. **Either OA Wilderness Voyage**
    - Age 16 by start of program
    - Not yet 21 by end of program
    - Must meet weight guidelines
  - or OA Canadian Odyssey**
    - Age 16 by start of program
    - Not yet 21 by end of program
    - Must meet weight guidelines
    - Must have valid Passport
  - c. **OA Ocean Adventure**
    - Age 16 by start of program
    - Not yet 21 by end of program
    - Must meet weight guidelines
    - Able to handle materials 50+ lbs
  - d. **OA Summit Experience**
    - Age 14 by start of program
    - Not yet 18 by end of program
    - Must meet weight guidelines
    - Able to handle materials 50+ lbs
3. After completing your Triple Crown, make a short presentation about your experience and how it benefited you.

Req #	Date	Signed
1		
2a		
2b		
2c		
2d		
3		

### Height/Weight Restrictions for High Adventure

Height	Recommended Weight	Max Weight	Height	Recommended Weight	Max Weight
5ft 0"	97-138 lbs	166	5ft 10"	132-188 lbs	226
5ft 1"	101-143 lbs	172	5ft 11"	136-194 lbs	233
5ft 2"	104-148 lbs	178	6ft 0"	140-199 lbs	239
5ft 3"	107-152 lbs	183	6ft 1"	144-205 lbs	246
5ft 4"	111-157 lbs	189	6ft 2"	148-210 lbs	252
5ft 5"	114-162 lbs	195	6ft 3"	152-216 lbs	260
5ft 6"	118-167 lbs	201	6ft 4"	156-222 lbs	267
5ft 7"	121-172 lbs	201	6ft 5"	160-228 lbs	274
5ft 8"	125-178 lbs	214	6ft 6"	164-234 lbs	281
5ft 9"	129-185 lbs	220	6ft 7"	170-240 lbs	295

### For Lodge Secretary Use Only

Beads Issued: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Entered By: \_\_\_\_\_ Date Entered in LodgeMaster: \_\_\_\_ / \_\_\_\_ / \_\_\_\_