### 30 Day Lion Challenge

Help your Lion keep their skills sharp by taking on our 30-day challenge with activities to help with adventure and elective requirements!

**Week 1 – Lion’s Honor and Fun on the Run**
- Practice your Cub Scout salute.
- Make a nutritious snack to share. What makes it healthy?
- Repeat the Cub Scout motto. What does it mean?
- Get moving! Show three different exercises, then try a new one!

**Week 2 – Animal Kingdom and Mountain Lion**
- Make a thank you card for your local hospital, fire, or police department.
- Turn off lights when not in use. Can you do this the rest of the month?
- Go for a family walk. How can you respect nature while outside?
- Make a list of items needed for a camping trip. Pack what you can.

**Week 3 – King of the Jungle and I’ll Do It Myself**
- Make a picture of what a leader looks like. Share with your family.
- Practice tying your shoes.
- Family discussion – what is a good citizen?
- Building a blanket fort and practice camping. Did your list help?

**Week 4 – Gizmos and Gadgets and Build it Up, Knock it Down**
- Explore motion. Build a ramp for a toy car and see how far it can go!
- Build a tower out of blocks. How high can you make it?
- Build a tower out of something not blocks. Was it easy? Hard? Why?
- Using everyday objects, build something that can help people.

**Week 5 – On Your Mark and Rumble in the Jungle**
- Create a new game. What are the rules? Try it out with your family!
- Draw a picture of your favorite jungle animal. Why is it your favorite?
- Pretend to be your favorite jungle animal. How do they move? Roar!

*Objects can include toilet paper tubes, storage containers, LEGO®s, pencils, paper – just about anything!*

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